



TITLE: Community Garden Nutrition & Food Access Intern
LOCATION: Salt Lake City, UT
START DATE: January 2019
DURATION: 3-4 months

BACKGROUND: Founded in 1933, the International Rescue Committee is a leading, non-sectarian, non-profit organization providing emergency relief, protection, rehabilitation assistance, resettlement services, and advocacy for refugees and victims of oppression or violent conflict. Domestically, our 29 offices across the U.S. ensure new arrivals have food, shelter, and clothing, and work with refugees to help them gain self-sufficiency.

SCOPE OF INTERN WORK: New Roots brings refugees together to share their agricultural skills and connect with their new home and community by placing families in community garden sites across Salt Lake Valley. In addition to creating the opportunity to produce supplementary food, community gardens can also act as access points for health, nutrition, and other educational services. The Nutrition Education Intern will work across New Roots garden sites to create and implement a nutrition education program for IRC clients and New Roots participants.

RESPONSIBILITIES:

- . Develop beginning, intermediate, and advanced curriculum and supporting materials on nutrition and healthy eating for refugee, new American, and low-income populations to provide a complete nutrition education.
- . Create nutrition education curriculum for refugee and new American demographics to be offered at New Roots farmers markets, to recent refugee arrivals, and to garden participants.
- . Assist in facilitating focus groups around nutrition education with garden participants.
- . Engage current gardeners in assisting with creating and leading nutrition curriculum.
- . Assist in gardener communications and coordination of garden-based events to facilitate cross-cultural interaction.
- . Assist in development and management of garden infrastructure.
- . Evaluate effectiveness of community programming on increasing healthy food access, engaging neighborhood residents, and changing food consumption behavior.

REQUIREMENTS:

- . Background in nutrition, public health, and/or health promotion preferred.
- . Motivated, creative, flexible, and able to work independently.
- . Strong organization and communication skills and ability to work as part of a team.
- . Excellent interpersonal skills, experience working with people from diverse backgrounds.
- . Valid driver's license, active insurance policy and access to reliable transportation.

POSITION LOGISTICS:

- . Length of Service: 3-4 months
- . Compensation: This is an *unpaid* internship
- . Hours: 15-20 hours per week, flexible schedule including some evenings and Saturdays
- . Supervisor: Sierra Govett, New Roots Community Garden Program Specialist

IRC is an Equal Opportunity Employer IRC considers all applicants on the basis of merit without regard to race, sex, color, national origin, religion, sexual orientation, age, marital status, veteran status or disability.