This emphasis explores complex relationships associated with food, including demands on the global ecosystem, health, and well-being of diverse communities, and the ways that bioregionalism can build more resilient populations.
REQUIRED CLASSES

ENVST 2000 Field Experience: Environment and Sustainability
ENVST 2050 Introduction to Environmental Science (SF)
ENVST 2100 Introduction to Environmental & Sustainability Studies (BF)

These three courses are pre-requisites for the upper division ENVST courses

ENVST 3210 Global Climate Change (SF)
*ENVST 3364 Challenges to Global Sustainability (IR)
*ENVST 3365 Environmental Justice (DV)

POLS 5322 Environmental Policy

Statistics Courses (select one)
*COMM 3710 Intro to Quantitative Comm. Research (QI)
CMP 4010 Research Methods in Urban Ecology (QI)
FCS 3210 Statistics in Family & Consumer Studies (QI, QB)
*GEOG 3020 Geographical Analysis (QI, QB)
*MATH 3070 Applied Statistics (QI, QB)
*POLs 5001 Quantitative Analysis in Political Science (QI)
SOC 3112 Social Statistics (QI, QB)

Writing Courses (select one)
BIOL 3670 Science Comm. for Future Generations (CW)
COMM 4650 Environmental Reporting (CW)
CMP 4260 Land, Law, and Culture (CW)
HONOR 3200 Writing in a Research University (CW)
WRTG 3420 Environmental Writing (CW and HF)

Methods Courses (select one)
ANTH 4334 Population Issues in Anthropology (QI, QB)
*CMP 4450 GIS for Urban Ecologists (QI)
FCS 3200 Research Methods in Family & Consumer Studies
*GEOG 3140 Introduction to GIS (QI)
*GEOG 5190 GIS Environmental & Public Health
POLs 3001 Political Analysis (QI, QB)
SOC 3111 Research Methods

To Be Completed in Your Last Year
*ENVST 4999 Environmental & Sustainability Honors Thesis
*ENVST 5558 Capstone: Eating for Health, Justice & Sustainability

HONORS OPPORTUNITIES

Urban Ecology & Sustainability Scholars
Ecology & Legacy minor
Praxis Labs
Honors Internships

HONORS ADVISORS

Honors Advisor:
Kelly O’Neill
k.oneill@honors.utah.edu

Honors Faculty Advisor:
Brett Clark
brett.clark@soc.utah.edu

Electives (select seven courses)
ANTH 4130 The Anthropology of Food
ANTH 4156 The Evolution of the Human Diet
ANTH 4340 Paleoethnobotany
BIOL 1210 General Biology (SF)
BIOL 1330 Plants & Society (AS)
CHEM 1020 The Science of Food & Cooking (SF)
*CHEM 1211/1240 Honors General Chemistry & Lab I (SF)

CMP 2010 Design Ecologies (BF)
CMP 3200 Principles of Ecology for Planners
CMP 4030 Leadership in Community Engagement
COMM 3415 Intro to Cultural Studies
COMM 3635 Community Journalism
COMM 5360 Environmental Communication
ENVST 3280 Organic Gardening (AS)
ENVST 5800 Sustainability in Costa Rica (IR)
FCS 3620 Environmental Psychology & Sustainability
FCS 5450 Nonprofit Community Organizations
FCS 5630 Healthy Communities
HEDU 4180 Community-Based Prevention Practices in Health Promotion & Education
HONOR 3215 Global Environmental Change

NUTR 1020 Scientific Foundations of Human Nutr. & Health (AS)
NUTR 3220 Food Communication (BF)
NUTR 3620 Cultural Aspects of Food (IR)
PHIL 3310 Science & Society (HF)
PHIL 3530 Environmental Ethics (HF)
PHIL 5530 Environmental Philosophy (HF)

POLS 3026 Civic Engagement & Social Change
POLS 3320 Intro to Public Policy Analysis
POLS 5321 Health Policy
PSY 2410 Eat, Work, Play, Sleep – Psychology of Everyday Life
SOC 3480 Environmental Sociology (IR)
SOC 3486 Global Environmental Crisis
SOC 3650 Population & Society (QI, QB, IR)
SOC 4086 Cities and Communities

No more than 4 from one department

* Courses have prerequisites

CONTACT INFORMATION

For more information about the Environmental & Sustainability Studies Program, please visit us at envst.utah.edu

To contact an Academic Advisor regarding the program, please visit: http://envst.utah.edu/students/advising.php