

Greenhouse/Farm Assistant Job Description

Job Posting: Greenhouse/Farm support for Frog Bench Farms

Hours: Tuesday – Thursday @ 3 1/2 hrs. per day, year round.

Wages: Commensurate with experience

Frog Bench Farms (FBF) is an organic Urban Farm located at the bottom of the Wasatch foothills in Salt Lake City growing 1.5 acres of high quality organic veggies, herbs, fruits, nuts and edible flowers since 2012. The greenhouse is 2800 square feet of raised planters and racks. If possible all plants are started from seed. The greenhouse and farm are on automated irrigation systems. Cold frames, low/high hoop houses are used to extend seasons. Sales are primarily to local restaurants, caterers and food trucks. There are 7 chickens in need of egg collection, petting, coop clean out, food and water. We do most work by hand but do have an electric tractor and motorized ATV we use when needed. Staff currently includes Owners/Facilities Manager and Farm Manager (3 people), 1 part-time intern from local college/universitie and one 21 hr. per week highly experienced assistant. This advertised position will be in addition.

Typical week would be:

Tuesday through Thursday with a minimum of 3 hours per day in the morning.

Tuesday: harvesting is done in the morning, washing, packaging, and clean-up

Wednesday & Thursday: weeding, pruning, projects, plant and soil maintenance

Applicant must have the ability to:

- Follow directions and comply with all BMP (Best Management Practices)
- A self-starter
- Use a shovel, rake or cultivator or other typical farming tools
- Hand water crops
- Must have current, valid driver's license

Typical Physical Demands:

- This position requires typical physical demands for farm labor, such as walking, standing, reaching, stooping, squatting, lifting up to 50 lbs and working indoors and outdoors in cold, hot or wet conditions on uneven surfaces.

Typical Working Conditions:

- This support position includes work on a farm and greenhouse in an urban setting, helping to complete all tasks, and reporting to the Greenhouse/Farm Assistant Manager and the Manager. Will enthusiastically develop competency in and complete all tasks established by the Greenhouse/Farm Manager and Assistant Manager to effectively and efficiently grow quality organic produce for sale.

Essential Job Duties and Responsibilities:

- Be receptive to learning new methods of farming/gardening and sharing existing knowledge of farming/gardening
- Mop floors, clean windows, wipe down tables, sinks and dust high surfaces
- Care, cleaning, feeding and providing water to chickens
- Maintain all farming related equipment, tools, and supplies
- Assist others with various additional projects and work related errands as needed
- Learn how to prepare each farm area for planting

- Planting a variety of heirloom vegetables, herbs, and fruits following recognized organic growing practices
- Assist with planting, maintaining, harvesting, washing and storing produce
- Support the harvesting of all farm and greenhouse areas following sustainable harvesting practices
- Taking stewardship of the land, plants and environment by making a commitment to the sustainability and well-being of the project and the people involved
- Notify Manager of irrigation system issues for farm and greenhouse

Health and Safety:

- Ensure quality standards and health safety of all farm and greenhouse cultivation and harvesting practices, storage of chemicals, maintenance of farm
- Accepting responsibility and personal ownership for actions, results and risks.

Training:

- Must have some experience working in at least one of the following:
 - o Greenhouse environment
 - o growing organic herbs and vegetables
 - o micro or petite greens
 - o high yield organic gardening/farming
- Knowledgeable of basic organic vegetable production, weed/pest management, planting procedures.

Wages:

- Hourly depending on internship requirements, experience and education.

Send Resume to: info@frogbenchfarms.com